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| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Birthday this month  27th Margaret Forder |  |  |  |  | 1  15:00 Stretching  16:00 Music therapy | 2  14:00 Bingo  A picture containing stop, drawing, sign, food  Description automatically generated |
| 3  11:00 Manicures  15:00 Quiz | 4  11:00 Sit down dancing  15:00 Balloon Catch | 5  15:00 Dominoes  16:00 Music therapy | 6  11:30 Life Stories  14:00 Patio Time  15:00 Puzzle | 7  9:00 Local News  15:00 Draft | 8  15:00 Movie & Popcorn | 9  14:00 Bingo  A picture containing stop, drawing, sign, food  Description automatically generated |
| 10  11:00 Manicures  15:00 Quiz | 11  15:00 Draft | 12  14:00 Colour Therapy | 13  11:30 Life Stories  14:00 Patio Time  15:00 Sing Along | 14  9:00 Local News  15:00 Draft | 15  15:00 Stretching  16:00 Music therapy | 16  14:00 Bingo  A picture containing stop, drawing, sign, food  Description automatically generated |
| 17  11:00 Manicures  15:00 Quiz | 18  11:00 Sit down dancing  15:00 Balloon Catch | 19  15:00 Dominoes  16:00 Music therapy | 20  11:30 Life Stories  14:00 Patio Time  15:00 Puzzle | 21  9:00 Local News  15:00 Coffee social and Conversation | 22  15:00 Movie & Popcorn | 23  14:00 Bingo  A picture containing stop, drawing, sign, food  Description automatically generated |
| 24  11:00 Manicures  15:00 Quiz | 25  15:00 Draft | 26  14:00 Colour Therapy | 27  11:30 Life Stories  14:00 Patio Time  15:00 Sing Along | 28  9:00 Local News  15:00 Draft | 29  15:00 Stretching  16:00 Music therapy | 30  14:00 Bingo  A picture containing stop, drawing, sign, food  Description automatically generated |
| 31  11:00 Manicures  15:00 Quiz |  |  |  |  |  |  |